

**UPPER TROSNANT
BAPTIST CHURCH**



AUGUST 2024 NEWSLETTER



“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”

Romans 15v13

**Services on Sundays at 11.00am in the church
and informal fellowship at 4.00pm in the hall**

Online ministry on YouTube & Facebook

Just search for “Upper Trosnant”

Find us on social media @uppertrosnantbc

www.trosnant.org

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Newsletter Items:

We are always happy to receive items for the newsletter. Please email articles or features for the September 2024 edition to **uppertrosnantbc@gmail.com** by **Sunday 11th August.**

Letter from Pastor Richard

Summer

Now you may not think it considering some of the weather we have been having recently, but we are in the season of Summer. As I have said before, I really like this time of year. There is nothing better than being able to walk around barefoot (where it is safe!) and enjoy the warmth of the sunshine. Annmarie and I recently spent a week in Italy, and the weather there was perfect – warm enough to enjoy sitting on the beach, and the temperature of the sea was just about right.



In the Summer, many people go away for some rest and recreation. And this is a very Biblical principle – that there should be rest from work. God has made us that way. Indeed, as we read in Genesis 2 v 2:

By the seventh Day, God had finished the work he had been doing; so on the seventh day he rested from all his work.

And so, as we humans are made in the image of God, we too work and then rest. We are built in that way. Of course, you don't have to go away in the Summer. In fact, many people in Trosnant are still around at this time of year – last August we had some of our largest congregations! The opportunity for a break is taken at other times of the year.

This means that, unlike many other churches most of our activities continue during August. Our Sunday services will be the same as usual, Monday fellowship will take place each week (apart from the Bank Holiday). Sisterhood in its usual format will have stopped, but there will still be an opportunity for informal fellowship for ladies on Tuesday afternoons. Our Wednesday Prayer Meeting and Bible Study carries on – we need to continue to pray as a church and study God's Word together. Last, but not least, Teatime at Trosnant will be happening – see the back page for details.

If you are going away this Summer, then may the Lord refresh you. If not, then continue to enjoy fellowship together. We ask God's blessing

upon all of us, whatever we are doing, in *every* season of the year. In the words of a hymn that we enjoy singing together:

*Summer and Winter and Springtime and Harvest,
Sun, moon and stars in their courses above,
Join with all nature in manifold witness
To Thy great faithfulness, mercy and love.*

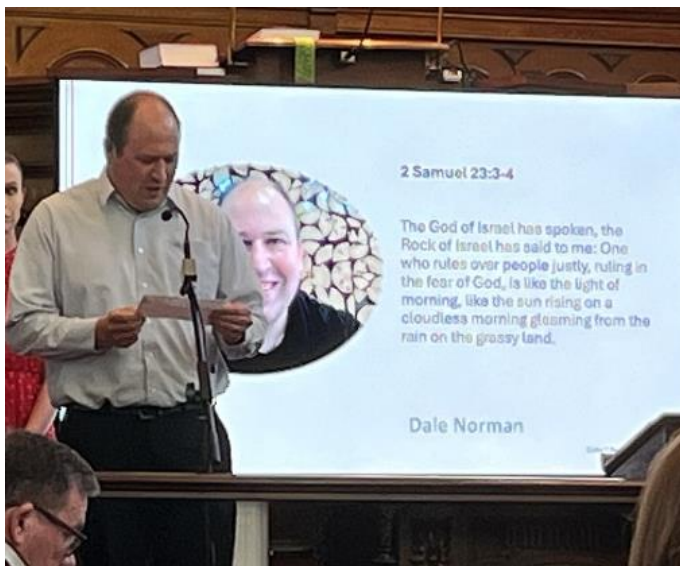
Love in Jesus,

Pastor Richard

With the Lord: Geoff Champion

We were saddened to hear of the passing of Geoff Champion in June. This was less than 12 months after the death of his wife, Lynne, He was well loved by us at Upper Trosnant. Geoff was a faithful member of Tabernacle Baptist Church, Newbridge, as well as an officer in Gwent Baptist Association. He would regularly come and preach in Trosnant, his ministry was always a real blessing. We extend our sincere sympathies to his family and Tabernacle Church. Although we grieve his loss, we are confident that he is now with the Lord who he served so faithfully.

Congratulations to Dale Norman



On Saturday 6th July, Pastor Richard, Annmarie and Phil went down to Tabernacle Baptist Church in Cardiff for the annual Valedictory and Commissioning Service of Cardiff Baptist College. Dale was one of 7 ministerial students who completed his studies this year.

The service was an opportunity to thank God for the work of the College and pray for a blessing on the leaving students. Please pray for Dale, and for Naomi and Felicity, as they wait on the Lord as to where he will call Dale to serve in ministry.

Greetings from... Anthea Scott

Psalm 107:23-24 *"They that go down to the sea in ships, that do business in great waters; these see the works of the Lord, and His wonders in the deep."*

This verse was part of a talk given recently at our Sisterhood meeting. It brought back memories of some lovely childhood experiences.

My father was a captain in the Merchant Navy and regularly made voyages to Canada in a cargo ship to collect pine logs. On three of those occasions he took my mother, my brother Lindsay (Linz was my name for him), and myself. What wonderful memories!!

The pine logs more than filled the hold and so were tied down. There were little spaces where I could sit in their shelter and just gaze at the sea with the smell of pine filling the air. No wonder I love real Christmas trees! Some days the sea would be as calm as a millpond and I would watch whales as they squirted water in the air like little fountains, and often porpoises would dance around the ship.

Obviously the sea wasn't always calm and one time we were on the edge of a hurricane. As the ship rocked and rolled, my brother and I rolled up and down the cabin floor shrieking and laughing with delight – completely unaware of any danger –while my poor mother hung on to the bunkbed post crying out, "Help! Are we going to sink?!" As you must realise, we survived the hurricane!

The ship was called the Basilisk and had a galley cat called Basil. He was completely black except for a white tip at the end of his tail. Linz and I loved him and when asked if we would like to take him home with us we said a big "YES!"

When I was 9, my father, who had been a channel pilot before joining the Merchant Navy, re-took an exam to become a Channel Pilot again and left the deep sea, so no more Atlantic adventures. I will never forget those times when I saw "the works of the Lord and His wonders in the deep." I'm so grateful that as a child I also came to know Jesus as my personal Lord and Saviour. He has been with me ever since. Just as He kept me through the hurricane, so He has kept me through the storms of life.

Remembering our brother Ron Saunders

A large congregation gathered in Upper Trosnant on 5 July to remember a much-loved former member of the church, who had served God faithfully as member, deacon, pianist – and for many years, cleaner and gardener as well!

Ron Saunders lived all his life in Pontypool. He was born in Abersychan on 19 September 1936; his parents were Lilian and Horace Saunders, and he attended the British School. Ron completed his National Service before starting work – it was the beginning of a more than 40-year career working in the parks and gardens of our town. He never lost his enthusiasm and joy in creating and maintaining a beautiful lawn or flowerbed, and, remarkably, he never had a single day off sick.



Employed first as a bowling green attendant, Ron rose to become Manager of Parks and Gardens for the whole of Torfaen. Also under his watch was the Schools in Bloom competition, where Ron took great delight in visiting every school that entered and inspecting their efforts with flowerbeds and edible plants. Whatever the results, he always had some words of encouragement for the children and teachers!

Ron was married to Jen, and they were blessed with two daughters, Julie and Deborah, and later with grandchildren Matthew and Rebecca, and then four great-grandchildren. For many years they lived in a house within the grounds of Panteg Cemetery. Here Ron kept his own garden immaculate, and also put in many hours voluntarily keeping the Cemetery grounds in good order. The family enjoyed camping holidays in Weymouth, and Ron was a keen rugby supporter and cyclist.

Ron started attending Upper Trosnant through Jen, who had been a member since her youth. He became much more involved under the ministry of Richard Harrison. Richard came to Pontypool as the Eastern Valley Missioner and was a great influence on Ron's life. Ron was baptized and he threw himself into all the activities of the Church with characteristic hard work and commitment. When the Upper Trosnant Hall was rebuilt and the graveyard converted into a carpark, he took on responsibility for cutting the grass and caring for the shrubs, and also for cleaning the toilets – all to his usual high standards of course.

When the Ladies' Prayer retreat was started by Doreen Harrison and Audrey Jones, Ron – together with Audrey's husband Eric – volunteered to make the refreshments for them as they arrived, and later they also took on serving the lunch. One day Ron and Eric went for a walk in Pontypool Park with Richard Harrison – and, from their conversation that day, the Eastern Valley Men's Fellowship was born.

Ron was a man of many talents. He had the most beautiful handwriting and took great delight in writing cards and notices, and in keeping a chronicle of everything that happened in the Church. He was also a gifted musician with a fine singing voice. For many years Ron was a member of the Garndiffaith Gleemen. He played the piano in Trosnant, and at services in the residential homes Ty Ceirios and Ty Bryn. Audrey remembers that Ron was 'always ready for a bit of fun.' At Christmas, he and other men in the church would don crowns and perform a rendition of 'We Three Kings', with Ron always as the stand-out soloist.

Ron continued coming to church as long as he could, even when his memory started to fail. Pastor Richard remembers what a joy it was to be in his company. His characteristic exchange with the pastor would be, 'Are you behaving yourself?' To which the reply was always, 'As well as can be expected!'

Some years ago, Ron moved into residential care at Plas y Garn, and latterly Rowan House, where he settled very contentedly. On 28 May he went to be with the Lord; a good and faithful servant. The sympathy of the church goes to his daughters and their families, and to Ron's many friends.

The Greatest Hymn ever Written? **The Story of Isaac Watts, part 4**

This year marks the 350th anniversary of the birth of Isaac Watts, a pastor and writer who has often been described as the greatest hymn-writer who ever lived. At Upper Trosnant we regularly sing many of his inspired lyrics, including, at Communion Services:

When I survey the wondrous cross
On which the Prince of glory died,
My richest gain I count but loss,
And pour contempt on all my pride.

Isaac wrote these words as he himself prepared to lead a Communion Service in 1707. Many Christian writers have described 'When I survey the wondrous cross' as the single greatest hymn ever written. Charles Wesley, author of over 6,000 hymns himself, is reported to have said that he would have exchanged them all to have written this one! So what is it about these verses that makes them so special?

This hymn was the very first worship song ever written in the first person – 'I' rather than 'we'. When we sing it therefore, we are expressing our own personal emotions, and reflecting on our own individual relationship with Jesus. To be engaging our feelings and not just using our voices has a real impact on us as we sing.

Secondly, Isaac Watts' original title for the hymn was 'Crucifixion to the world by the Cross of Christ', and the theology that it contains is also very powerful. The second verse includes a paraphrase of Paul's words in Galatians 6:14, 'May I never boast except in the cross of our Lord Jesus Christ':

Forbid it, Lord, that I should boast
save in the death of Christ, my God!
All the vain things that charm me most,
I sacrifice them through his blood.

If we sing these words from our hearts, we are rejecting – pouring contempt on – anything we might have taken pride in, for example wealth, or good health, or a successful career. We are declaring instead that nothing is important to us except Jesus's sacrifice on the cross.

Galatians 6: 14 in full says, 'May I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world.' Isaac used the second half of this sentence in a fourth verse that is not usually included in hymnbooks today:

His dying crimson like a robe
Spreads o'er his body on the tree
Then I am dead to all the globe
And all the globe is dead to me.

Here, Isaac copies a literary device – a form of words that gives special emphasis to their meaning – from Paul's letter to the Galatians. This is a 'chiasmus', or crossing over, which repeats the words while reversing their meaning: 'I am dead to the world' and 'the world is dead to me.' Considered just as a poem, 'When I survey the wondrous cross' uses a number of other literary devices that any of the English language's greatest writers would have been proud of. 'My richest gain I count but loss' and 'I pour contempt on all my pride' are two examples of 'oxymoron', using contradictory words or concepts to make their point. Then in the third verse, Isaac uses two rhetorical questions -

'See, from his head, his hands, his feet,
sorrow and love flow mingled down.
Did e'er such love and sorrow meet?
Or thorns compose so rich a crown?

– which invite the singer to answer emphatically in their mind, No!

Despite being such a great poem with such complex thoughts and ideas, perhaps the true brilliance of this hymn is its simplicity. Many in Isaac Watts' congregations would have had very limited reading ability, and would have learned hymns by heart, line by line. Every line has a single idea that is easy to remember. The hymn builds up to a powerful climax, in a promise of devotion and submission to God that might previously have only been expected of a monk or a nun:

Were the whole realm of nature mine,
that were an offering far too small.
Love so amazing, so divine,
demands my soul, my life, my all.

Clare Hopkins

Bible Notes (40) **Some Bible Birds** Daniel Pearson
Part 1

Eagles.

This elegant bird appears to effortlessly ride the thermal currents and Isaiah 40:33-31 provides an encouraging picture:

"Even Youths grow tired and Weary, And young men stumble and fall; But those who hope in the Lord will renew their Strength. They will soar on wings like eagles: They will run and not grow weary, they will walk and not be faint".



Used as a picture of God's strength, majesty and able to bear much weight.

"You yourselves have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself" (Ex 19:4). Moses said, "Like an eagle that stirs up its nest, that flutters over its young, spreading out its wings, catching them, bearing them on its pinions" - Duet 32:11.

There are 68 species of eagles; the largest has a wingspan of 7'-2" or 2185mm, a weight of 18lb or 8.3Kg and is mentioned 99 times in the Bible.

Some of these Eagle verses:

2 Samuel 1:23.	Deuteronomy 28:49	Hosea 8:1
Jeremiah 49:16 & 22	Obadiah 1:4	Proverbs 23:5
Revelation 8:13	Jeremiah 48:40	Deuteronomy 32:10-11
Job 39:27-29	Psalms 103:2-5	

Sparrows. This humble little bird with a short life span (3 year average) is used to show how God cares for us.



"Are not two sparrows sold for a penny? And not one of them will fall to the ground apart from your Father. But even the hairs of your head are all numbered. Fear not,

therefore; you are of more value than many sparrows". Matt 10:29-31. There are 20 Bible verses referring to this little bird who weighs between 24 to 40g with a wingspan of 210-250mm. We never have to worry that God has forgotten about us. If he watches over sparrows, how much more will he watch over us?

"Even the sparrow has found a home, and the swallow a nest for herself, where she may have her young - a place near your altar, Lord Almighty, my King and my God." - Psalm 84:3

Hens often used in the Bible to describe God's care and protection of His people:

"How often I have longed to gathered your children together, as a hen gathers her brood under her wings, and you



would not!" - Luke 13:34 and Matthew 23:37. The hen shows the care of motherhood as she uses her body and wings, to protect her brood from a predator.

MISSION FOCUS: The Story of the BMS Part 3

Jamaica and the Abolition of Slavery

Twenty-one years after William Carey and his fellow missionaries set sail for India, the BMS received a call for help from the West Indian island of Jamaica. An African-American Baptist missionary and former slave, **George Liele**, had been ministering in Jamaica for more than 30 years, and had seen many people converted and churches planted and flourishing. One church had a congregation of over 3,000! But Liele knew that he needed more help and as Jamaica was a British colony at that time, he contacted the BMS in England, to ask for their support.

By 1814, the BMS had managed to raise sufficient funds to send their first missionaries to the island. More followed in the coming years, including three young missionaries whose influence on the island would prove to be profound, not only in bringing the gospel to hundreds of the islanders, but also in bringing about a change that would be felt across continents - the abolition of slavery!

The first of these three to arrive on the island was 23-year-old **Thomas Burchell** who came with his wife, Hester, in 1822. A year later, 25-year-old **James Phillippo** joined them, and 21-year-old **William Knibb** came the following year, just two days after marrying his sweetheart, Mary Watkins.

The new arrivals found that the population of the island was overwhelmingly ethnic African, most of whom were slaves on sugar plantations owned by white men. To avoid inevitable conflict with plantation owners and the colonial government, the BMS instructed their missionaries not to comment on the institution of slavery. Although Britain had already banned the Atlantic slave trade a number of years before, a proposition to abolish slavery altogether had been rejected when it was brought to the House of Commons in 1823, and the colonial authorities exerted all their political influence to halt this abolition movement.

The three new missionaries and their wives were shocked and appalled to see the cruel and inhumane treatment of the slaves, and they were unable to keep silent. They welcomed the slaves to their services, and they came in huge numbers. The plantation owners and colonial government spoke out against the missionaries, accusing them of being

in league with the anti-slavery camp. They believed that preaching the gospel to the slaves and teaching them the Bible unsettled them, and made them discontented with their station in life. When a ten-day revolt broke out in 1831, the plantation owners were enraged and the island's militia were sent to bring an end to the insurrection. After two weeks, the uprising was stamped out, but not before many of the missionary churches and schools had been burnt down and hundreds of slaves killed. Several of the BMS missionaries had also been taken into custody, including William Knibb.

The following year, in 1832, the slaves urged the missionaries to go back to England to plead their cause, and William Knibb and James Phillippo returned home. They toured the length and breadth of Britain telling of the good work being done by the churches in Jamaica, and about the inhumane treatment of the slaves. They also spoke to those gathered at the BMS's 40th-anniversary meeting, describing in detail the cruel treatment and appalling living conditions of the slaves, their great response to the gospel, and their own personal experience of opposition and persecution from the plantation owners and the authorities.

The missionaries' accounts had a profound effect on all who heard them. Knibb was summoned to appear before committees in both Houses of Parliament that had been specially convened to investigate the state of slavery in the West Indian colonies. At last, in May 1833, a Bill for the Abolition of Slavery in the Colonies was introduced, and a date set for the termination of slavery - 1st August, 1834.

Emancipation brought great social changes for the slaves, for though they had their freedom, they had almost no education or means of support. The BMS missionaries worked tirelessly to raise money to buy thousands of acres of land, and set up 'Free Villages' enabling 19,000 former slaves to own their own property. Emancipation also brought with it a revival that lasted for seven years! In 1838, the Jamaican Awakening began, aided greatly by William Knibb's translation of the Bible into Creole, the native language of the slaves. As Knibb recalled, "in those seven years, through the labour of about twenty Baptist missionaries, 22,000 people were baptised upon their profession of faith in Jesus Christ."

Sadly, Knibb died of a fever in 1845, aged just 42, and was greatly missed, but in 1988, on the 150th anniversary of the abolition of slavery in the British Empire, he was posthumously awarded the Jamaican Order of Merit - the first white man to receive the country's highest civil honour.

Thomas Burchell also died of fever the following year, but James Phillippo remained in Jamaica until his death in 1879, and never stopped bringing the Word of God to people all over the island. He was so well respected by the Jamaican people that at his funeral thousands of former slaves as well as politicians, clergy, and businessmen were present to show their appreciation for a great man of God.

Jill Morley

Upper Trosnant Update

- God is blessing us in Upper Trosnant. It is so good to see the way that he is at work in people's hearts and lives. We are praying that as we meet on Sundays and during the week, that God will be at work. And we are seeing that prayer answered.
- It is always a joy to be together for our Sunday services. Ministry from Pastor Richard and other preachers is always appreciated, and it is encouraging to hear of the way that God is speaking to people.
- Our Monday Fellowship times have been well-attended. However, due to the weather, it hasn't always been in the garden! Those who meet enjoy great conversation each week. Sisterhood also continues to be a great meeting, the sense of fellowship and prayer amongst those who gather there is most encouraging.
- Again, Teatime @ Trosnant was greatly appreciated. A massive thanks as always to Anne Orphan and the team who help to prepare the food. The atmosphere is always very positive and another opportunity for great conversations together. The next one will be on **Saturday 17th August at 3.00 pm**. You are all very welcome.
- Our visit to Ty Ceirios was particularly blessed in July. There is a new Events Coordinator in place there, he said to the team as they left: "you have no idea what a positive impact your coming has on the residents." We praise God for that and pray his continued blessing upon the ministry there and at Regency.

- It was wonderful to be in Pontypool Park for the "Party in the Park" on 13th July. There were crowds of people there for the day, and the weather was good. Churches United in Pontypool had a gazebo, with some literature available, cold drinks and some activities for children. We had a number of visitors to the gazebo, and some good conversations were had. The day finished with a Songs of Praise in the Bandstand, which was very much enjoyed. Please pray that the Lord will speak to people with whom contact was made.
- As was stated in the Pastor's Letter, most of the activities of the church will continue through the month of August – see pages 15 and 16 for details. Churches United events will return in September.
- Please Note There will be an extra Church Meeting on **Wednesday 5th August**. Members, in particular, are encouraged to be there.
- Annmarie is continuing to recover from her eye surgery. She is now back in work and involved in church life once again. Thank you so much for your prayers, expressions of support and practical help.
- As usual, please remember that Pastor Richard's Day Off each week is Friday. Please do not contact him or Annmarie on that day except in an emergency. They will be on Annual Leave from Tuesday 20th August to Saturday 7th September.

God's Plenty

Here is a welcome at the door,
 An outstretched hand, a smile and more
 And here is a roof above my head
 And if I hunger here I'm fed,
 And when I doubt a rock He'll be
 And when unsighted He will see.
 A cloak He is when I am cold
 And in my trembling He is bold,
 Hope is He when I despair,
 And when I stumble he is care.
 Here is a door I need not knock,
 God's is a house that has no lock.

by Tony Hopkins

CHURCH DIARY for AUGUST

SUNDAY SERVICES AND PREACHERS

11.00 am: In the Church building and later on YouTube;
followed by Tea and Coffee in the Hall.

4th	Pastor Richard (Communion)
11th	Pastor Richard
18th	Pastor Richard
25th	Dale Norman (BMS Offering)

SUNDAY AFTERNOONS @ 4 O'CLOCK

Meeting together in the Hall, with tea and coffee.

4th	Fellowship and Facebook Live with Pastor Richard
11th	Informal Communion, led by Pastor Richard
18th	Fellowship and Facebook Live with Annmarie
25th	Fellowship and Facebook Live with Dale Norman

MONDAY

5th and 19th – GARDEN FELLOWSHIP 2.00–4.00 pm in the flat garden. Everyone is warmly invited to drop in for a friendly chat over tea/coffee and biscuits – and to come into the Hall if it rains!

12th – OPEN HOUSE 2.00 – 4.00 pm in the Hall – We play games or share crafts, or just meet for a cup of tea and a chat.

SERVICES IN RESIDENTIAL HOMES:

5th – 11.00 am @ REGENCY

19th – 2.00 pm @ TY CEIRIOS

If you would like to join the team in visiting these homes and sharing the joy of Jesus with the residents, please speak to Pastor Richard. Our visits are always greatly appreciated; and so is our singing!

TUESDAY

The **Sisterhood** are taking a summer break from their usual programme of speakers. Instead, there will be an **Informal Ladies' Meeting** at 2.30 every Tuesday in the Hall. You are warmly invited to come along for some friendly conversation and refreshments and an opportunity to share in prayer together. Sisterhood will recommence on 10th September.



There will be no **Christians Against Poverty prayer meeting** in August, and no meeting of the **Men's Fellowship** this month.

WEDNESDAY – PRAYER AND BIBLE STUDY

7th	6.50 for 7.00 pm	EXTRA CHURCH MEETING
14th	1.50 for 2.00 pm	Annmarie
21st	6.50 for 7.00 pm	Phil
28th	1.50 for 2.00 pm	Jill

THURSDAY – CUP PRAYER AND PRAISE MEETING

The next meeting will be the last Thursday in September.

SATURDAY – TEATIME @ TROSNANT

17th – 3.00 pm in the Hall

HELPING IN CHURCH – ROTA for August

	Reading	Door	Teas AM	Flowers	Teas PM
4 th	Tony	Anthea	Rhoswyn	Rhoswyn	Annmarie
11 th	Jill	Jill	Sian	Janet P	Clare
18 th	Anthea	Lorraine	Janet J	Yvonne	Lorraine
25 th	Dale	Clare	Clare	Sandra	Janet J
Communion: 4 th : Annmarie 11 th (pm): Clare					

Prayer Page: Praying for the Summer Holidays

The Bible does not give any specific advice about summer holidays – but it does tell us we should have regular breaks from work to restore and renew ourselves. From the Creation, God intended the Sabbath Day to be a time of rest. We also read in Mark 6:31-2 that Jesus and the disciples took time out from his ministry: Because ‘so many people were coming and going that they did not even have a chance to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest.” So they went away by themselves in a boat to a solitary place.’

Here are some suggestions for how we might pray during the summer holiday season:

- ❖ Thank God that he wants us to take time out for rest and refreshment. Ask him to bless you, your family and friends, members of the Upper Trosnant fellowship and leadership team as some go away, and some regular activities take a break.
- ❖ Praise God for all the aspects of his creation that we can enjoy in the summertime – the wonder and beauty of flowers, trees and gardens; clouds in a bright blue sky; waves rolling on a beach...
- ❖ Pray for families. Remember parents and children as they spend additional time together, and working parents who may find childcare a struggle.
- ❖ Lift up our local foodbank – this is a busy season for them.
- ❖ Ask the Lord to be present in family visits and reunions – grandparents and grandchildren, brothers and sisters – and to make these times of enjoying one another’s company and building happy memories.
- ❖ Lift up all those who have been bereaved, who are estranged from their families, or who feel lonely and left out as others enjoy the holiday season. Pray that our Sunday services and the Garden Fellowship will be times and places of welcome and friendship.
- ❖ If you are travelling abroad, pray for the country where you are going. Ask the Lord to watch over all our journeys, whether by car, coach, train or plane, and to protect us from all difficulties and dangers.
- ❖ Pray that the month of August will be a time of renewal, and that we will be refreshed and ready to work for the Lord as he calls us.

Please Pray For...

- Pray for all the services, events and meetings happening at Upper Trosnant during August. Pray that many will hear and believe the Good News of Jesus, and that all will grow in faith and love.
- Pray that the sun will shine on garden fellowship afternoons, and that more new friends will accept an invitation to come along.
- Pray for Pastor Richard and Annmarie as they relax on their summer holiday at the end of the month. May they be blessed and refreshed as they enjoy time away.
- Pray for the leadership team as they continue working to run our church, that they will have all the strength and wisdom they need.
- Lift up all those who are mourning the loss of loved ones, and all who are feeling sad, lonely or troubled.
- Pray for Tom Wildy as he has been unwell in hospital.
- Pray for Dale Norman, and for Naomi and Felicity, as they wait on the Lord as to Dale's future ministry.
- Pray for David and Lorraine Breese, that the Lord will lead them through this difficult time.
- Remember our missionary friends Margaret and Roy Collins-Reese in Toulouse, and Sue and David Verwey in Japan.
- Remember all those we know and love in care homes, including Ann Stephens. Ask the Lord to bless the monthly ministry to Ty Ceirios and to the Regency home.
- Please pray for all those who are ill or frail, or recovering from illness or accidents, or in need of a special touch from the Lord: Val Attwell, Emma Attwell, Val's daughter Janie, Barbara's sister Brenda, Beryl from Blaenavon, Julie Blake, Julie's nephew Jacob, Dave Breese, Pam Charles, Doreen Dixon, Lindsey Firth, Keith Fordham, Mike Garwood, Liz Harris, Audrey and Eric Jones, Jean Miles, Helen Norman, Jeff Parry, Judith Parry, Janet Pollard, Alwyn Stephens, Linda Swires-Hennessy, Greta Wagg.

AUGUST



Teatime@Trostant
17th August, 3pm

**Please let us know if you are coming
via the contact details below.**

**UPPER TROSNANT
BAPTIST CHURCH**

Upper Trostant Baptist Church

Lower Bridge Street

Pontypool

Torfaen

NP4 6JU

Contact Pastor Richard Miles

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